

CIRCLES OF ACTIVE HOPE rippling into Regenerative Co-creations



Welcome to a journey of deep reconnection with your inner resources and a community of change makers to empower a more wholesome and sustainable way forward in service to Life.



What?

Deep Ecology Monthly Circles & co-created evenings around Regenerative Culture



Why and for who?

Do you sometimes feel climate anxiety or overwhelm? Do you long to be part of an Earth care community to live in a more harmonious way with all of Life? Do you feel passionate about supporting the emergence of a regenerative culture?

Then these circles will be of great support for you. Active Hope is about finding, and offering, our best response when facing concerns about our world situation. The Active Hope Circles are an opportunity to experience deep ecology practices, based

on [the Work that Reconnects](#) as well as others sources of inspiration (including Thich Nhat Hanh & Plum Village tradition) over a period of a few months.

This gives time to integrate the practices that are helpful to you into your daily life and to deepen links with people that you share affinities with, supporting each other in your projects, to empower you as you play your part in creating a more sustainable way fourth.

This approach is based on the work of Joanna Macy & Chris Johnstone who just released a new edition of their book [Active Hope : How to face the mess we're in with unexpected resilience and creative power](#)



More context



[The Deep Ecology circles](#) will be facilitated by Marjorie Lumet from [Experience Mindfulness](#), trained facilitator of the Work that Reconnects & Active Hope since 2021.

During these circles we will move through the stages of the Spiral of the Work that Reconnects (Coming from Gratitude, Honouring our Pain, Seeing

with New Eyes, Going Fourth) to support us to further integrate and share this ecological consciousness in our daily lives.

There are 7 circles in total, one a month, and it encouraged to join the whole journey to support the group dynamic and process.

[The monthly co-creations](#) build on the deep ecology circles to invite more creativity and sharing of resources within our community. These evenings are an invitation for any member of the circle to share around a theme related to regenerative culture to inspire & support positive change. Read below for further details around organisation of these evenings & themes.



Practicalities & Price

Location: Nemo De Groene Hemel,
Overbrakerpad 2, 1014 AZ
Amsterdam (in Westerpark)

1/ Deep Ecology Practice Monthly Circles

5 October, 2 November, 14 December,
18 January, 1 February, 7 March, 18
April from 18h30 to 21h30

Standard contribution: 200 euros

It is important to me that money is not a restriction in the enrolment for these circles and it is also important to me to have enough income to continue to offer this work in a sustainable way. Please select the amount in line with you own financial resources.

Standard Contribution : 200 euros

Supported : 100 euros (only for students or low income / minimum wage)

Supporting : 250 euros - If you have an income above average and wish to contribute more to support the supported and my income.

Note: It is possible to pay in 2x instalments. First payment ahead of first circle.

You can register [here](https://hipsy.nl/event/25896-active-hope-circles) (<https://hipsy.nl/event/25896-active-hope-circles>)

Any questions?

Contact Marjorie Lumet at 06 27 44 51 96 or email mlumet@yahoo.fr



2/ Co-created evenings around Regenerative Culture

Contribution per evening 25 euros

This is a sneak peek into preliminary themes and organisers. If you feel inspired to share or (co-)facilitate an evening please reach out to Marjorie (mlumet@yahoo.fr)

Also please suggest themes or speakers to inspire future content & organisers. **SIGN UP**

How does it work?

One member takes responsibility for bringing in a theme & organising the evening and can reach out to Marjorie for details and/or support (mlumet@yahoo.fr)

You can choose which evening you would like to host (optional to host & you can ask a group member for support) and which ones you would like to attend (you need to register in advance on [Hipsy](#)). These co-created evenings will be open to our deep ecology group as well as others beyond this group. The proceeds for the evening after rental costs go to the person(s) leading the evening.

Regenerative Evening Program (subject to change)

28 September – Music as Medicine & Ecstatic Dance (Juliette, Peter)

19 October – Living Soil Workshop (Olivia Ansenk)

16 November - Once You Know – Documentary & Discussion

21 December – Music as Medecine

**25 January – Storytelling – Rewriting the Narrative – Esther, writer
[@thewildway.nl](#)**

**15 February – Community Decision Making & models of Dynamic Governance
with Rosa Gunneman**

**21 March – Building Community and Connection Across Movements – Mattea
Wuethrich**



Intentions:

My Active Hope is to bring together a community of life lovers who feel called to contribute to the healing of our world. Through hosting deep ecology gatherings, my intention is to offer support and empowerment to the changemakers.

Through offering a space to co-create evenings around regenerative culture, my Active Hope is to strengthen our web of resources and knowledge, to invite a regenerative culture to emerge through us.

My intention is that we inspire and empower one another through sharing knowledge, skills, resources and our unique contributions in creating ripple effects of positive change.

I believe this transformation towards a culture that honours and nurtures Life is our greatest mission at this time on the planet.